

HAMAM TREATMENTS Discover our traditional Turkish Bath for the ultimate revitalization. After a bath in the Hamam and a full body scrub, you will be treated to a foam massage for a fresh and peaceful

body.

Express Hamam Treatment 30-minute scrub ritual and foam wash. (Available before or after any treatment) 30 min. € 195

Traditional Turkish Hamam

The Hamam is an unforgettable treatment for any guest looking for an authentic Turkish experience. The steam in the Hamam softens the skin in preparation for the exfoliation followed by a soap massage covered in frothy bubbles performed by our team

of experts. The treatment is known to purge your body of dead skin, leaving you silky smooth for ultimate rejuvenation. 45 min. € 230 Candlelight Hamam Ritual for Couples Pamper yourself and your partner with this special Hamam ritual in our traditional Turkish Hamam accompanied by

twinkling candle lights to crown your romantic getaway with a relaxing experience. 55 min. € 460

50 min. € 230 80 min. € 280 AROMATHERAPY MASSAGE For ultimate relaxation and stress relief, the Aromatherapy Massage will provide an intense sense of calmness for you to enjoy your vacation. 50 min. € 230 80 min. € 280

THERAPEUTIC DEEP TISSUE MASSAGE

Slow deep pressure massage to stimulate deep tissues and nerve endings. The Therapeutic Deep Tissue Massageis a soothing remedy for chronic pain, constraints in movement, postural issues, tense muscles and fibromialgy. 50 min. € 230 80 min. € 280

SHIATSU

Traditional Japanese Shiatsu technique uses finger and palm pressure on specific areas of the body to clear energy blocks, release built-up tension and increase energy flow throughout the

MASSAGES

BALINESE MASSAGE

The authentic Balinese massage uses light and soothing movements to ease tension and restore balance for the mind and the body.

body. 50 min. € 230 80 min. € 280

THAI MASSAGE

The oil-less Thai massage ritual includes rhythmic pressing and stretching of the entire body which increases flexibility, relieves muscle and joint tension and balances the body's energy systems. 50 min. € 230 80 min. € 280

TAN MAXIMIZER

Gentle exfoliation followed by a relaxing massage with Tahitian Oil de Monoi, to make sure your beautiful golden tan lasts for a

long time. 80 min. € 300 FOUR-HANDED MASSAGE The Four-Handed Massage is performed by two synchronized therapists. This choreographed treatment relieves stress, restores balance and soothes the body.

80 min. € 560

INDIAN HEAD MASSAGE

Indian head massage applies gentle pressure to the head, neck and face to stimulate blood circulation and reinvigorate energy channels. 30 min. € 180

FOOT MASSAGE

Energy flowing foot massage activates thereflexes to improve the blood circulation and ensures a grounded mind as well as ahealthy body.

HOT STONE MASSAGE

energy centers to increase the blood flow, soothe muscle tension and provide a profound sense of relaxation. 80 min. € 290

MONOI DE TAHITI MASSAGE

Our exclusive massages* will nourish your soul while calming your body. * Relaxing, Contouring, Refreshing, Firming, Tanning Booster

Choose your desired oil* from our selection, let us take care of your everyneed. * Tiare, Tamanu, Umuhei, Roucou, Saffron, Frangipani, Argan Following a diagnosis of your needs, your personalized massage treatment will be performed by our licensed therapists to ensure

> vour full satisfaction and wellness. 50 min. € 240 80 min. € 290

HARMONY PAMPERING BODY MASSAGE Enjoy a gentle body massage with luxurious care products tailored specifically to your needs. Warmed Pure Coconut Oil:

Provides intensive conditioning, soothes extremely dry skin. **Cold-pressed Avocado Oil:** Provides hydration for extremely sensitive skin. Ivv Gel & Menthol Oil: Strengthens skin tissue and deeply conditions skin layers for all skin types. To finish off, choose your own from our array of lotions with a drop o cold-pressed avocado oil and select your preferred fragrance of pure bourbon vanilla, Caribbean tiare flower or the feminine lily for us to pamper all your senses. 55 min. € 250

SLIMNESS SOOTHING & RELAXING LEG MASSAGE

The best remedy for sore legs after a long flight is our Soothing and Relaxing Leg Massage for beautiful, healthy and slimmer looking legs. The ivy gel removes blockages and drains excess water while strengthening the veins and muscles as well as stimulating the lymphatic system. The menthol and camphor promote the micro-circulation for relaxed muscles. To finish off, choose your own from our array of lotions with a drop of cold-pressed avocado oil and select your preferred fragrance of pure bourbon vanilla, Caribbean Tiare flower or the feminine lily for us to pamper all your senses. 55 min. € 250

SIGNATURE TREATMENTS

BODY & FACIAL TREATMENTS

ANTI-AGING FIRMING RITUAL

This advanced anti-aging skin care helps tighten the skin and redefines the skin's contours. It provides a smoother, youngerlook and your skin glows with vitality. 75 min. € 350

HIGHLY MOISTURIZING RITUAL

Your skin regains its elasticity with this special nourishing skin care that restores optimal moisture balance. Your skin is completely moisturized, radiant and has a younger appearance. It delays the effects of aging while the skin gains fullness. 50 min. € 260

SOOTHING CALMING RITUAL

With this special smoothing skin care developed to calm,

provide instant relief and protect sensitive skin, sensitivity and redness on the skin are reduced. The skin comes alive, gets a comes alive, gets a more supple and shiny appearance. 50 min. € 260 TROPICAL INTENSIVE MOISTURE CARE This special nourishing intensive moisture care cleanses the

body of toxins, while at the same time giving the body flexibility and vitality. The fragrant tropical extracts such as Tahitian

60 min. € 280

Manicure € 95

Pedicure € 105

Manicure & Pedicure € 160 **Nail Polish Application**

PERSONAL TRAINING

Group Session

45 min. € 170 (2 persons) 45 min. € 70 (per person) Operating Hours are from 9:00 AM to 8:00 PM A 15% service charge will be added to your final bill.

For reservation & more information please contact Maçakızı Guest Relations via Whatsapp +90 532 131 40 12

30 min. € 180 **BACK MASSAGE** This massage treatment relieves stress and built-up muscle tension by focusing on your back, neck and shoulders. 30 min. € 180 Hot basalt stones are massaged onto the body and specific

Gardenia, Coconut Oil, Jojoba Oil, Grape Seed Oil in its content soften and repair the skin. Your body gets the glow it needs. **NAIL TREATMENTS**

Package of 10 Sessions € 950 Hiit Session* 45 min. € 70 (per person) Yoga or Pilates Private Session 45 min. € 110 (1 person)

Run, Core & Back 45 min. € 110 Fitness Personal Training Session 45 min. € 110